



Webinar Registration Form

Impostor Syndrome & Its Negative Impacts: Strategies To Help Students Engage, Achieve & Persist

Wednesday, April 3 ~ 3:00-4:00pm (Eastern)

Once the live date has passed, this training will be available on demand.

Overview

First coined in 1978 by psychologists Pauline Clance & Suzanne Imes, Impostor Syndrome causes individuals to believe that they aren't good enough, smart enough, or deserving enough. Estimated to affect 70% of the population, Impostor Syndrome is particularly significant for students of color, women, and first-generation college students. This webinar addresses Impostor Syndrome in Black students in particular, who may already experience a variety of factors that affect student success, persistence, and completion. Black students experiencing Impostor Syndrome can be impacted academically, socially, and emotionally and may also experience related mental health concerns. Additionally, the webinar will address more generally how Impostor Syndrome may impact women, first-generation, and other students. Practical strategies that all students can use to overcome Impostor Syndrome will be shared and tips for counseling professionals, faculty, and mentors will be offered to identify and support those students who may be experiencing Impostor Syndrome.

Objectives:

- Define Impostor Syndrome and populations that are impacted
- Differentiate between Stereotype Threat vs. Impostor Syndrome
- Explore the role of discrimination and racial stress in Impostor Syndrome
- Review in detail the negative impacts of Impostor Syndrome for Black students academically, socially, and emotionally (mental health)
- Generally review how Impostor Syndrome may impact women, first-generation, and other students
- Recommend effective strategies for counseling professionals, faculty, and mentors to identify and support those students who may be experiencing Impostor Syndrome

Who Should Attend?

- Administration
- Enrollment Management
- Faculty
- Online Learning
- Student Services/Affairs
- Student Success and Retention/First Generation Support
- Residential Life
- Diversity and Inclusion
- Black Student Organizations
- Any educator interested in learning more about impostor syndrome



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Speaker(s)



Dr. Peggy Mitchell Clarke

Dr. Peggy Mitchell Clarke is a clinical psychologist, mental health consultant, and retired psychology professor who earned her Bachelors degree in Psychology from Brown University and her M.Ed. and Ph.D. in Clinical Psychology from the University of Virginia. Dr. Clarke worked as a psychotherapist in a wide variety of inpatient and outpatient mental health settings, and served on the Colorado state board of NAMI (National Alliance on Mental Illness) and as an executive officer for the Virginia and Rocky Mountain chapters of the Association of Black Psychologists. Her experience in higher education includes teaching psychology for two decades at colleges and universities in Virginia and Colorado, and serving as Director of Faculty

Professional Development at Community College of Aurora, Associate Director of Career and Counseling Services at Christopher Newport University, and on the Behavioral Intervention Team at Community College of Aurora. Currently the host of the Living Well with Dr. Peg radio program, she also was a featured expert on Denver's 9News Morning Show. Learn more about Dr. Clarke's mental health, wellness, and personal growth workshops, consulting, and coaching at www.DrPegOnline.com

Newsletter



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Registration Information

Print Name		Job Title	
Institution/Organization			
Address			
City	State/Province	Zip/Postal Code	Country
Telephone	Fax	Email	
Innovative Educators Password (Choose a password for our records and future registrations)		Assistant's email (For registration confirmations & pre-conference communication)	
How did you hear about this event? (email, listserv, colleague, conference, other) _____			

Payment Method

You can call us at 303.955.0415 or fax the completed form to 1.866.508.0860. If you would like to mail in the registration form and/or check, please send it to: Innovative Educators, 3277 Carbon Place, Boulder, CO 80301.

Paying by: (select one) Credit Card Check Purchase Order (if applicable) P.O.#: _____
(If you select PO as your payment method, a PO number is required.)

Credit Card



Name on card		Account Number	
Billing Address	Billing City	Billing State	Billing Zip/Postal Code
Exp. Date	Security Code (last 3 digits on the back of Visa and MC)		

Packages & Pricing

Select your webinar package:

\$425 - 1 webinar (Unlimited connections at your institution and recording for one year)
\$900 - 3 webinars (Save \$375)

\$1500 - 6 webinars (Save \$1050)
\$3995 - Purchase Go2Knowledge to receive unlimited access to webinars & recordings for one year (Best Deal!)



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Login Directions

The login directions provide the following information:

- A link and a password for the event.
- A link to test webinar access. Please test your computer prior to the event.
- The date and time of the webinar. Please be sure to reference the time zone converter on the login directions to confirm your event time.
- Audio instructions: You can stream the audio over your computer speakers, but you may want to have a phone available for backup purposes.

You will receive the login directions twice via email. The process is as follows:

- 1 week prior to the live event: You will receive login instructions.
- 1-2 days prior to the event: You will receive a link to the presentation and any additional handouts. Copies can be made for attendees if desired.
- The day of the event: Participants can login to the IE Webinar 30 minutes prior to the start time. Once logged in, participants can see the PowerPoint slides, ask questions, and make comments via the chat feature.
- Participants are encouraged to save and print the login directions to refer to on the day of the webinar.

Site Connections

The basic registration fee allows you to access the webinar from one computer only. If you need multiple site connections, please register for the unlimited site connection price.

Recording Information

The Monday following the live event you will receive a link to the recording, it can be forwarded to all faculty and staff for viewing anytime, anywhere.

Recording Benefits:

- Share the presentation with other staff members
- Pause presentation for convenient viewing
- Review the presentation after the live event
- Train new hires throughout the year
- Show during an in-service training

Technical Details

Innovative Educators uses WebEx as its web conferencing provider. If you have not previously attended a WebEx event, please click here to make sure your computer is compatible with WebEx. Be sure to complete this test prior to the live conference. See system requirements for more information.

What equipment is required?

An Internet connection, computer speakers, and LCD projector are required if a large group is viewing the presentation. Participants can call in via phone if they are having trouble retrieving the audio over the computer. Please be sure to reserve a meeting room prior to the live event that can accommodate these requirements as well as your attendees. You should reserve the room 30 minutes prior to the webinar start time and allow at least 15-30 minutes after the webinar for discussion.

Cancellation Policy

- 30 days prior: Full refund
- 14 days prior: \$100 processing fee
- Less than 14 days: Credit towards another IE event

Satisfaction Guaranteed

We want you to be satisfied with your purchase. For questions, concerns, or problems, please email support@ieinfo.org or call 303.955.0415.